

## Lunch Menu

(Available 12 - 2.30pm Monday to Saturday only)

Sandwiches made with granary or white bread from Westbourne bakery or freshly baked baguettes £6.95

*Fillings:* Hand carved gammon with mustard

Bacon with melted Sussex blue cheese or brie

Cumberland sausages with fried onion

Chicken and crispy lettuce with Caesar dressing

Prawns in marie rose sauce

Smoked salmon and cream cheese with black pepper

Local cheddar with tomato and onion

*Soup and a sandwich:* A mug of homemade soup with a sandwich on granary or white bread from the fillings above £8.95

*Ploughmans:* choice of local cheddar or Sussex blue cheese, or pâté, with homemade fruit chutney, pickles and chunky Westbourne bakery bread £8.95

Bruschetta topped with tomato, olives, red onion and mozzarella, served with salad garnish £8.95

Hand carved gammon, free range eggs, grilled tomato, chips and peas £10.95

8oz Hampshire beef burger with melted Sussex blue cheese in a floured bap served with a fresh tomato salsa, chips and salad £10.95

Flat mushroom layered with spinach, pesto, tomato and grilled goat's cheese with a salad garnish £7.45 (main course size £11.75)

Light lunch bowl of salad with choice of topping: £8.25

*Goats cheese, cranberry and walnut / Chicken with Caesar dressing*

*Sussex blue cheese and crispy pancetta / Prawns in marie rose sauce*

Whilst we will do our best to provide a menu to suit all requirements due to the wide range of ingredients used in our kitchens we cannot guarantee against allergies.

All prices are inclusive of 20% VAT